

ALOPECIA AREATA PROFORMA

Current age:

Date:

Age of onset:

History:

Atopy	
Autoimmune conditions	
Childhood onset	
Family History	
Nail changes	

Past medical history:

Medications:

Pattern of disease (e.g. areata, totalis, universalis, ophiasis) :

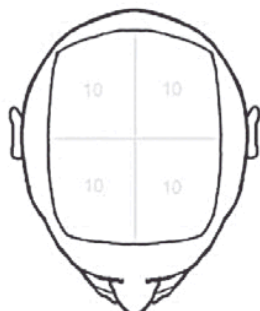
Severity:



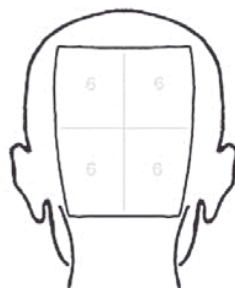
LEFT SIDE: 18%



RIGHT SIDE: 18%



TOP: 40%



BACK: 24%

% hair loss in A = % hair loss X 0.18 =

% hair loss in B = % hair loss X 0.18 =

% hair loss in C = % hair loss X 0.4 =

% hair loss in D = % hair loss X 0.24 =

SALT score = A + B + C + D =

Signs of activity:

Hair pull	Yes	No
Exclamation mark hairs	Yes	No
Cadaverised hairs	Yes	No
Yellow dots	Yes	No

Impact on life:

Quality of life/Mood assessments*:

DLQI	
Skindex17	
GAD7	
PHQ9	
HADS	A:
HADS	D:

* choose according to department/clinician preference

Patient information leaflet offered?	Yes	No
Support groups discussed?	Yes	No

Management:

Consultant/Dr signature: